



Caregivers Out of Isolation

www.caregiversoutofisolation.nl

An intergenerational program of the **Seniors Resource Centre NL**

February e-Bulletin 2016



**COI-NL supports Caregivers with:
Information Resources Support Solutions Access to Services**

This e-Bulletin has information for:

- Caregivers and the person they support.
- Anyone who supports caregivers in their community, work or practice: service providers, employers, professionals, community organizations, service groups, city-town halls, faith groups, constituency offices and more.

1. Good News - Province launches online driver's license renewal

Effective February 10, you can go to your computer or cell phone and renew your driver's license. Instead of updating your photo on your driver's license every 5 years, people will only have to go to the Motor Vehicle Branch every 10 years.

Go to the NL government website for ONLINE services - vehicle renewal, driver license renewal and address change (related to license and registration):

www.servicenl.gov.nl.ca/online_services/online_services.html

The Telegram report on this new service: www.thetelegram.com/News/Local/2016-02-10/article-4432133/Province-launches-online-driver%26rsquo%3Bs-license-renewal/1

2. Caregiving - more Canadians with intellectual disabilities outlive their parents

CBC Radio – The Current with Anna Maria

Helen, a sister and now caregiver to her brother Paul, are part of an important demographic shift as more and more Canadians with intellectual disabilities outlive their parents. (*Hallie Cotnam/CBC*)

The interview: www.cbc.ca/radio/thecurrent/the-current-for-february-1-2016-1.3428298/sister-turned-caregiver-stresses-lack-of-support-for-brother-with-down-syndrome-1.3428449

3. What happens when you *google*: caregiving in the news?

Caregiver Exchange was the top hit, posting agency and media articles of interest to Caregivers; go to NEWS - www.caregiverexchange.ca/News. Some media sources include CBC, Globe and Mail, Huffington Post and TV Ontario. There are approximately 200 articles going back to February 2014. Here is a sample of articles.

- The importance of Family Caregivers, The Change Foundation, Feb 3, **2016**
- We need to start caring for the Caregivers, Toronto Star, Jan 25
- Loving my bipolar husband: some days it's terrifying – but there's no one in the world I trust more, Globe and Mail, Jan 19
- Caregivers prone to winter blues, CCAC, Jan 15
- The hidden patient, TV Ontario, Dec 21, **2015**
- Holding a family meeting, FCA-US, Dec 21

CaregiverExchange.ca is a provincial website created in partnership with **thehealthline.ca**, the leading source of health service information in Ontario.

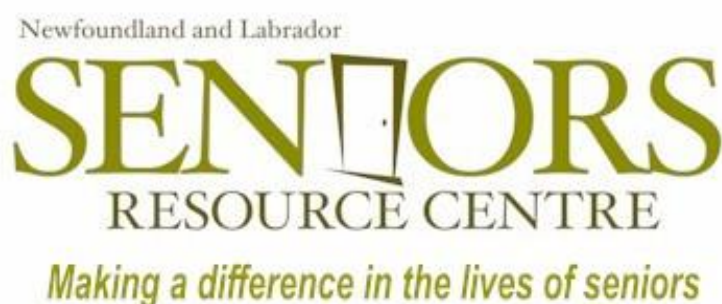
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